

## **Dr. Averbach or Hamdallah PRE-APPOINTMENT CHECKLIST**

The following checklist has been provided to assist you in completing all necessary requirements before your initial visit with Dr. Averbach or Hamdallah. Please use this checklist to aid in the preparation for your appointment. Failure to bring the **Required (Not Recommended)** information to your visit will result in rescheduling your appointment:

### **Required:**

- \_\_\_\_\_ Completed New Patient forms that were mailed/printed from the website
- \_\_\_\_\_ Copy of your last physical, a list of all medications and medical diagnosis
- \_\_\_\_\_ Lab work less than one year old. This includes CBC, CMP, Lipid Profile, and TSH. If you have diabetes, we would need to see results of the HgA1C lab work. **Your primary care physician can assist you in obtaining this requirement.**
- \_\_\_\_\_ Referral from your primary care physician if your insurance requires this.
- \_\_\_\_\_ Your copay if this applies to your insurance plan.

### **Recommended:**

- \_\_\_\_\_ Physical exam within the last 12 months. Ask your primary care physician if it would be appropriate to schedule other testing such as a sleep study or cardiac stress test in anticipation of surgery.
- \_\_\_\_\_ Ultrasound of your gallbladder if it has not already been removed. **GASTRIC BYPASS or SLEEVE ONLY .**
- \_\_\_\_\_ Copies of any stress test reports, sleep study reports or significant testing
- \_\_\_\_\_ Schedule an appointment with the dietician Nancy Lum , 443 490 1240
- \_\_\_\_\_ Signed records from your physician for the three-six month supervised weight loss. **This only applies to patients with insurance companies that require this. Please note: Most insurance plans will request this information. Without this information, the insurance authorization cannot be obtained from those companies.**
- \_\_\_\_\_ Weight History for past 5 years from your physician- United Healthcare Only
- \_\_\_\_\_ Psychological evaluation or have an appointment scheduled- all insurance companies require this for authorization.
  
- \_\_\_\_\_ Attend Weight Loss Surgery seminar at the Saint Agnes Hospital or on-line at and write down all your questions and concerns to be discuss.

If you are not prepared for your appointment, kindly call the office at 667-234-8725 to reschedule the appointment. We require 24 hours notice for cancellations. Our staff will be glad to assist you in preparing for your initial visit. Feel free to contact them at 667-234-8725 for any questions you may have. The office hours are Monday through Friday from 9 a.m. to 5 p.m.